



Please give your assessment of your child's ability to each of the following questions:-

	Never	Occasionally	Frequently	Almost always
1. Appears not to hear what you say	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Hums, whistles, sings or makes other noises throughout the day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Is distracted or has trouble functioning if				
a) there is a lot of noise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) there is sudden or loud noise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Doesn't watch during instruction, but follows through with activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Has difficulty copying actions and movements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Startles at unexpected movements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Avoids eye contact	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Shows spatial awareness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Is awkward in movements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Slouches, slumps or sprawls in chairs, tires easily - ie appears inactive	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Seeks out movement, can't sit still, fidgets	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Retreats or is slow to participate in physical activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Chews,licks or sucks on food or objects	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. Closeness:-				
a) Comes too close into other people's personal space	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Touches others to the point of irritating them	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Does your child have a preference to:-				
a) Hard/ rough surfaces	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) soft smooth surfaces	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

16. Touches everything he/she sees ie "learns through their fingers"
17. Is easily upset by minor injuries ie if bumping into another person, or tripping etc
18. Shows little emotion, regardless of a situation
19. Is especially over / under (Please circle) reactive to changes in routine
20. Likes to be in control of their environment
21. Responds favourably to Fun and Silliness
22. Prefers the structure of rules and routine
23. Has difficulty "moving on"
24. Marked mood variations - prone to outbursts or tantrums
25. Poor grasp of objects
26. Difficulty changing hands with objects
27. Difficulty letting go of objects

Just a few more :-

DOTS  
DANCE OVER THE  
SPECTRUM

- |  | Yes                      | Sometimes                | With Assistance          | Not Yet                  |
|--|--------------------------|--------------------------|--------------------------|--------------------------|
| 1. Can your child balance on two feet  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Can your child balance on tippy toes  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Can your child balance on 1 leg for 5 seconds without holding onto anything | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Can your child hop on one leg   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Can your child skip using alternate legs                                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Can your child catch a large ball with both hands                           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Finally:- Please tell us 3 motor skills you would like to see your child achieve:-

1. ....
2. ....
3. ....

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Anything else you would like to add :- .....

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Disclaimer

I/we the undersigned accept that all methods and syllabus that are used within the DOTS program are implemented with safe dance practice.

Although methods are proven effective, each child's experience and therefore results will vary depending on personal development.

Signed:-

Date:-